

What will it be ... field mice or antelope?

A lion is fully capable of capturing, killing and eating a field mouse. But it turns out that the energy required to do so exceeds the caloric content of the mouse itself. So a lion that spends its day hunting and eating field mice would slowly starve to death. A lion can't live on field mice. A lion needs antelope. The distinction is important. Are you spending all your time and exhausting all your energy catching field mice? In the short term it might give you a nice, rewarding feeling. But in the long run you're going to be awfully hungry.

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